



**Redness, tingling, & some swelling is typical during first 24-48 hours**



**Bruising is common & should disappear within 2 weeks**



**Results Can Last Up To:**  
**Fillers: 6-12 months**  
**Neuromodulator: 12-16 Weeks**

## **Neuromodulator - Filler** **Important Info**



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National Sinus Institute



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Your partner in sinus care

**For Continuing Results, Be  
 Sure To Book Your Follow-Up  
 Appointment In Advance**

Seek immediate medical attention if you experience these rare side effects:

- Difficulty Swallowing
- Difficulty Breathing or Speaking
- Sudden Muscle Weakness
- Vision Changes
- Loss of Bladder Control

## Do:



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Remain upright for first 4 hours



Gently exercise face muscles by smiling, frowning, & raising eyebrows



Use cool water & gentle cleansers for 72 hours



Use Tylenol & ice for mild discomfort or headache



Schedule your follow-up appointment

## Neuromodulator - Filler Aftercare Instructions

## Avoid:



Exercising for 24 hours



Touching & massaging face/lips for 24 hours & Facials for 2 weeks



Alcohol & Painkillers for 24 hours



Sun, Saunas, Tanning, & Extreme Heat for 24 hours



Sleeping on face/wearing hats/bands for 24 hours